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Hello,

Welcome to the latest edition of the Digital Mental Health Innovation Cluster (DMHIC) e-newsletter.

Take a moment to explore the latest news, events, and insights shaping digital mental health in Scotland.

In this edition:

- NAIT Neuro-Affirming Event
- DMHIC Attended IMPACT Event
- Mindset-XR Roadshow
- NIHR Funding: Novel Non-Pharmacological ADHD Approaches

Happy reading!

Latest News

Upcoming Event

NAIT Neuro-Affirming Event – 1st October 2025

The National Autism Implementation Team (NAIT) will be hosting an in-person event designed for public sector practitioners across Scotland. The event welcomes those working in Health, Education, Social Care, Employment, and Justice, with a focus on supporting individuals across the lifespan.

Date: Wednesday, 1 October 2025

Time: 0930 - 1530

Location: The Inverness Town House

The day promises a dynamic programme, including:

- A networking session to connect with colleagues across sectors
- An update from NAIT on the priorities and current work of the Community of Practice
- A keynote address by Mhairi Black, offering a unique perspective on inclusive practice
- Lightning Talks from practitioners sharing innovative approaches
- Focused discussions on key areas for development
- Opportunities to get involved in shaping the future work of the community

This event is free to attend for public sector practitioners in Scotland. Please note that it will not be recorded or made available online.

To reserve a place, please book via the button below:

[Register for the event](#)

DMHIC Attends IMPACT Event

IMPACT Academic Seminar - Mental Health and Social Care

On 11th June, the DMHIC had the opportunity to attend the 'IMPACT Academic Seminar - Mental Health and Social Care: Theory and Practice', virtual event held from 1000 to 1200. The session provided valuable insights into community-based approaches to mental health care, the evolving role of adult social care, and the complex balance between care and control.

We heard from leading academics from the Universities of Stirling, Sheffield, and Cardiff, whose presentations set the stage for a rich panel discussion. This was led by the IMPACT Co-production Advisory Group and featured practitioners alongside individuals with lived experience, bringing a powerful blend of research, practice, and personal perspective.

IMPACT, the UK centre for implementing evidence in adult social care, plays a crucial role in bridging research and real-world application. With co-production at its core, the centre works across all four nations, using evidence from research, lived experience, and frontline practice to create meaningful change in services and outcomes.

Learn more about IMPACT via the button below:

[Learn more](#)

Coming Soon: Mindset-XR Roadshow

Exploring the Future of Mental Health and Immersive Technology

This September and October, the Mindset-XR Innovator Support Programme will hit the road with a UK-wide series of six events, showcasing how extended reality (XR) is transforming mental health care.

These roadshows offer a unique opportunity for attendees to explore how XR technologies are already enhancing mental health services and improving patient outcomes. Participants will be able to experience cutting-edge innovations first-hand, while connecting with professionals from across the XR and mental health landscape.

Open to clinicians, researchers, academics, innovators, regulators, creatives, and people with lived experience, the events are designed to foster cross-sector collaboration and inspiration.

Funded through Innovate UK's £20 million Mindset programme, these events form part of a national effort to accelerate the development and adoption of immersive mental health solutions. By supporting therapeutic XR innovations, the programme is helping to build a strong, supportive ecosystem that enables these technologies to thrive.

The Digital Mental Health Innovation Cluster (DMHIC) is proud to support the Scottish session, which will be hosted by Abertay University in Dundee. These events are free to attend, details on how to register will be shared in an upcoming issue of the DMHIC newsletter.

Funding Call

NIHR Funding: Novel Non-Pharmacological ADHD Approaches

The MRC-NIHR Efficacy and Mechanism Evaluation (EME) Programme is seeking applications to assess innovative, non-pharmacological methods for diagnosing and treating ADHD in children and adults. This opportunity also supports SWAT/SWAR studies to enhance future research methodology.

Application Deadline: **August 5, 2025, at 1:00 PM**

[Apply for funding](#)

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Contact Us

Digital Health & Care Innovation Centre
1st Floor, Suite B, Inovo Building, 121 George Street, Glasgow, Scotland, G1 1RD
Tel: +44 (0)141 444 7424 | [Email us](#)
www.dhi-scotland.com

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